# CRIMINAL JUSTICE RESOURCE CENTER ANNUAL REPORT

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FY03 Recidivism Report

#### **Special points of interest:**

- Recidivism Report
- Pretrial Services Program
- Screening and Evaluation Services

## **OVERVIEW**

The current fiscal year has been an exciting one for the department, mainly due to the completed renovation of our new facility. The staff and clients are extremely pleased with the new environment that is much more conducive to our work. The open and bright atmosphere makes clients feel welcome and valued.

Our Adult Programs served 473 offenders in the community-based programs and 638 in the STARR Program.

167 Offenders (51%) who exited the program in FY04/05 obtained or maintained employment while in the program.

Recidivism data for offenders attending the community-based corrections programs over a four year period (1999-2002) indicate 84% of program graduates were not rearrested in the year following program completion.

CJRC staff was instrumental

in the development of the new Pretrial Services Program. The Board of County Commissioners approved funding for the program in the FY 2006 budget.

The department implemented Screening and Evaluation Services for the local criminal justice system based on a MOU with the Durham Center.

A New Day staff has taken major steps to-wards certification in BFSF models. Data demonstrates that staff is knowledgeable enough to utilize the models to achieve desired outcomes and that the program has the capacity to become a pilot site for the state. A New Day also implemented the Civil Rights Project as a Saturday component.

The Truancy Intervention Program made great strides expanding truancy courts to all

middle schools and has been



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a key factor in bringing the truancy issue to the forefront in the community.

The Substance Abuse Treatment Program began a series of monthly In-Service training sessions for the Substance Abuse Treatment staff. These sessions are designed to prepare clinicians for certification or licensure as Substance Abuse Professionals.

## FY05 END OF YEAR SUMMARY—COMMUNITY BASED CORRECTIONS PROGRAMS

During FY05, there were 313 new admissions. The typical client was a single, unemployed African American male in his twenties with no children and a 9-12th grade education.

The vast majority of the new admissions either had a substance abuse problem or were diagnosed with dependency.

The program with the highest number of new admissions was the Second Chance program with 199; the majority of the referrals came from TASC. DRC had 71 new admissions, 100% were court ordered, 95% were Intermediate Sanctions.

CBC Programs served 473 clients during this fiscal year. There were 113 (32%) pro-

gram completions and 239 (68%) terminations. The main reasons for termination were Non-Compliance (44%) and Technical Probation Violations (33%).

The program with the highest completion rate was the Second Chance Program (33%) followed by Reentry (29%) and DRC (26%).

#### DAY REPORTING CENTER

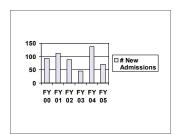
The Day Reporting Center (DRC) is an Intermediate Sanction under Structured Sentencing. This program is an alternative to incarceration and considered to be one of the highest sanction levels for offenders remaining in the community. Participants are referred through direct court orders, probation modifications or probation violations.

DRC clients are evaluated for substance abuse addiction or abuse issues and placed in the recommended level of care. In addition to substance abuse treatment, Day Reporting Center clients are required to complete a cognitive behavioral curriculum "Thinking For A Change". All unemployed DRC clients are also required to participate daily in Employment Search or GED Classes. In addition to required classes, DRC clients meet with their Probation Officer/Case Manager weekly, more if needed. Day Reporting Center clients abide by a curfew that varies depending on their employment status and progress in the program.

Onsite Probation Officers have a dual role as case manager and have daily interaction with their probationers. In

FY05, 77 clients were admitted into the Day Reporting Center, 26% of the clients completed the program. Considering the strictness of the program and the numerous requirements, completion is no small feat. Participation is encouraged by incentives such as a "Free Pass" or Lunch for perfect attendance.

DRC Officers utilize internal sanction such as additional classes, electronic monitoring and community service to address non-compliance.



Day Reporting Center Admission data

#### REENTRY PROGRAM

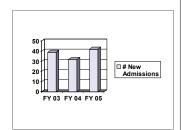
The Reentry Program was designed to facilitate the smooth return of offenders after incarceration. The Re-Entry team, made up by staff from DCC, Durham PD and CJRC, interviews inmates in the North Carolina Department of Corrections that plan to return to Durham after release. The team also visits the residence and interviews family members to determine if the residence is suitable.

If deemed appropriate for the

program, the Post-Release Supervision Conditions include Day Reporting Center and possibly Electronic Monitoring. In addition to the services of Day Reporting Center, participants meet monthly with an interagency team to discuss progress and address any concerns.

A Governor's Crime Commission grant, which funded the start up of the program, expired in June 2005.

39 inmates were ordered into Reentry upon release in FY05. Of the 40 offenders exiting the program in FY05, 63% obtained or maintained employment while at CJRC, 5 were referred to Vocational Rehabilitations and 6 to the REPAIR Project. 95% of Reentry clients received Substance Abuse Treatment and/or Education, and 75% tested negative three months after release.



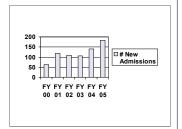
Reentry Admission Data

## SECOND CHANCE PROGRAM

The Second Chance Program is designed for individuals who are sentenced to community punishment under Structured Sentencing, are on Parole, have a DWI conviction or Deferred Prosecution. Second Chance receives the majority of its referrals from the

TASC Program. Persons in Second Chance must be on supervised Probation or Parole and in need of substance abuse services.

Referrals to Second Chance have increased steadily over the past few years. Overall, 274 persons received services in the Second Chance Program in FY05, 200 individuals were admitted and 69 (34%) graduated.



Second Chance Program Admission Data

## STARR (SUBSTANCE ABUSE TREATMENT AND RECIDIVISM REDUCTION)

The STARR Program is an intensive four week chemical dependency treatment program. STARR provides substance abuse treatment services to criminal offenders in the Durham County Detention Facility.

The program accepts volunteers and court-mandated men and women inmates for an initial four week program (STARR). Upon completion of STARR, an additional fourweek program (STARR GRAD) is available. STARR also provides referral and case management services.

Treatment consists of addiction education, group therapy, and community resources

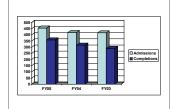
education. Inmates are also required to attend daily 12-step recovery meetings. A minimum score of 92 points is required for graduation. Points are awarded based on attendance, participation, and successful completion of daily reading and written assignments.

The STARR program's average class size has increased and STARR operated at or near capacity during fiscal year 2005. The number of court ordered clients to both STARR and GRAD is increasing.

STARR and GRAD accepted a combined total of 638 inmates into substance abuse treatment. A total of 519

participants graduated from STARR and GRAD at an overall completion rate of 81%.

STARR's contribution to National Alcohol & Drug Addiction Recovery Month involved an art therapy project conducted with the August STARR and STARR GRAD classes. The men and women of STARR made "Celebrate Recovery" collage posters that were displayed in the lobby of the Durham County Detention Facility through September.



STARR Program New admission data

## PRETRIAL PROGRAM

In FY05, CJRC staff spent a tremendous amount of time analyzing data from the Durham Detention Center and meeting with various criminal justice system stakeholders. The results were incorporated in the proposal for a comprehensive Pretrial Services Program for Durham County. The Board of County Commissioners approved funding for the program in FY 2006 budget.

The program is comprised of three components: First Appearance, Pretrial Release and Electronic Monitoring. Enhancement of the current process at First Appearance will assure that the Courts have accurate and complete information about inmates when reviewing bonds.

Staff in the Pretrial Release Program will not only identify eligible inmates, but will also monitor program participants and refer them to various community resources and services.

The Electronic Monitoring Program will be utilized to enhance supervision of some inmates on pretrial release and for release of individuals currently in jail for non-payment of child support.

### FY06

New Programs

and

Services

for

Adults and Juveniles

## SCREENING AND EVALUATION SERVICES

Screening and evaluation services is off to an exciting start. A Memorandum of Understanding was established between the Durham Center and CJRC to provide screening and evaluation services for Criminal District Court and psychological evaluations for DSS and Juvenile Justice.

This new program is offering Substance Abuse and Mental

Health Screenings for District Court, Criminal Justice, and Social Service programs. Screening and Evaluation Services has the advantage of access to criminal justice and mental health records when making recommendations.

In addition to services provided to DSS, Juvenile Justice, and District Court, Screening and Evaluation Services also has staff in the Youth Home and in Durham County Jail to provide consulting and assessment services.

Additionally, this unit provides forensic screening evaluations for both adult and child populations upon request.

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## SUBSTANCE ABUSE TREATMENT SERVICES

Substance Abuse Treatment Program



- Successful Completion
  Completed Probation
- □ Non compliant
- □ Probation Violation
- Transferred
- Other

CJRC has successfully provided treatment to individuals with substance abuse disorders for the past eight years. Our program provides a wide range of services to give the client a holistic approach to recovery. In the past year services continued to be provided with compassion and professionalism.

Substance Abuse Treatment Services includes Outpatient Treatment, Drug Education Program, Intensive Outpatient Treatment, Relapse Prevention, Advance and Aftercare Treatment. Clients receive individual counseling, crisis counseling and referrals for treatment as needed. Random urinalysis are conducted to assess treatment compliance.

323 individuals were admitted to the Substance Abuse Treatment program during FY 05. Of the 323 clients admitted, 101 (32%) successfully completed with 6 continuing in the Aftercare program. This success rate is in line with national statistics. According to a report published by SAM-HSA in Nov. 2003, 34% of outpatient treatment episodes involved individuals who completed treatment.

193 clients were terminated from treatment. 136 (71%) were terminated due to noncompliance and 39 (20%) were due to probation violations. Average length of stay in our treatment program was 5 to 6 months.

#### **Halfway House**

The Freedom Too Halfway House is housing for men ages 17 and older participating in our substance abuse treatment program who desire a structured living environment conducive for recovery. The length of stay is two months; however, that time can be extended on an as needed bases. 28 men were given a chance for a new start on life by residing at the halfway house.

#### About the Staff:

This year, CJRC provided a series of monthly In-Service training sessions for the Substance Abuse Treatment staff. These session are designed to prepare clinicians for certification or licensure as Substance Abuse Professionals.

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## EMPLOYMENT SERVICES

In October 2004, CJRC overhauled the Employment Assistance Program creating a new Employment Search Class. This class meets Monday through Friday from 9:30-11:30am. Three days are dedicated to job search and include transportation to worksites, job fairs and other related agencies. Two days each week are spent in the classroom dedicated to learning the skills needed to obtain and maintain employment. This class is required for all unemployed DRC and Reentry clients that are not attending Continuing Education Classes.

In March we changed our Career Development presentation. Originally, Career Development was created to provide CJRC clients with the skills needed to obtain and

maintain employment. Our daily Employment Search Class incorporated and expanded on the information.. However, we soon found that many individuals in the community also needed this workshop. To continue offering this needed service to as many individuals as possible we included referrals from Probation, joined forces with the STARS Case Manager from the Durham Police Department and offered it to CJRC clients attending GED Class or those currently employed We now offer Career Development once monthly from 9AM-1PM. We advertise the class with Durham Probation Officers, within CJRC and invite all persons involved in the STARS Program. The class is open to anyone that finds their criminal record to be a

barrier to employment.

We continue to receive phone calls from the public requesting assistance with employment. We refer those persons to Career Development. In June 2005. Dennis Jarmon joined the CJRC team as the Durham Chamber of Commerce Employment Specialist, replacing Jim Stella. Mr. Jarmon has brought a lot of energy and new ideas to the program. He spends time in the community developing job leads, as well as time in the classroom preparing individuals for employment.

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## ANGER MANAGEMENT/LIFE SKILLS TRAINING

Anger Management classes are provided for individuals within the criminal justice system who experience unmanageable anger, soul destroying resentments, violent emotional outburst, or for those who have feelings that cause criminal misbehavior.

The classes help the individuals learn effective communication skills, develop emotional intelligence, manage stressful situations, and to understand how the anger process works. Individuals learn how anger and the inability to forgive can create barriers to healthy relationships, drug free lives and crime free living.

Class are offered both during afternoon and evening hours

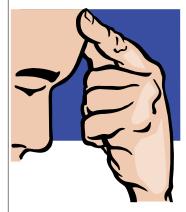
on Tuesdays and Thursdays to adults 17 and older who are on probation, parole, or on post release. Individuals do not have to be enrolled in a CJRC program to attend.

Our numbers for the Anger Management classes have been consistent for the last couple of years. Last year, we had 155 referrals and this year 147 enrolled in the classes.

Life Skills Training are classes that help clients learn the foundations of self respect, establish genuine values, goal setting, and self care. The participants learn how to make the most of their income and how to avoid budgeting pitfalls through

intelligent money management. Using the skills taught in life skill classes, client begin to communicate with respect and consideration of others by improving their listening and talking skills.

Friends, family and the community benefit from the life skills because clients learn how to take personal responsibilities for their lives and others.



## COGNITIVE BEHAVIORAL INTERVENTION

Since 1999, CJRC has included CBI or "Thinking For A Change" in the schedule. In 2003, the curriculum became mandatory for all Day Reporting Center and Reentry Clients.

"Thinking For A Change" (TFAC) is a 22 lesson cognitive behavioral curriculum that teaches offenders to change their behavior patterns by changing their thinking patters. This is accomplished in 3 parts: (1) Social Skills (2) Cognitive Self Change and (3) Problem Solving. 9 Social Skills lessons provide offenders with the skills necessary for successful daily interactions with others. 5 Cognitive Self Change lessons are designed to help the offender recognize their thinking patterns and identify risk thinking. 6 lessons are dedicated to problem solving, emphasizing the conflict cycle and the importance of considering all consequences for the choices made.

Currently 5 CJRC Staff and 2 Day Reporting Center Officers are trained to facilitated TFAC. CJRC staff, with some assistance from the Division of Community Corrections, continue to facilitate 3 courses of TFAC to work around the many different programming requirements that CJRC clients have.

CJRC was one of two community programs chosen in NC to participate in a pilot program as follow-up in-depth training for "CBI Aftercare". The Department of Corrections purchased a journaling series

from "The Change Company" to use as a follow-up for persons completing "Thinking For A Change". While the curriculum and plan is ideal for inmates in a confined setting, it has proven more difficult to fit it into an already complex outpatient schedule. Staff is planning to use this Aftercare Curriculum for Reentry clients that complete TFAC in prison and for DRC clients returning from DART as TFAC is included in that curriculum. In addition it will be utilized for Day Reporting Center Clients that complete their Substance Abuse Treatment and CBI requirement prior to completing their 6 month sanction.

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## A NEW DAY PROGRAM

Now in its fifth year of operation. A New Day is guided by the same mission but with an expanded capacity to provide comprehensive counseling and behavior intervention methods to suspended and court-involved middle and high school students. Staff training in these methods is in its second year. We are grateful for the training because it has unified the staff so that we share the same measurable objectives, goals, and practice. Moreover, we can see and measure positive changes in the behavior, emotional, and cognitive patterns of the delinquent and undisciplined juveniles we serve.

Once a month, we hold a parent evening attended by approximately seven to ten parents of currently enrolled students and parents we worked with during the summer. Parents are an integral part of the counseling method that all staff utilize. All staff meet with parents two to three times a month with telephone contact three to five times a week.

We served 16 long-term suspended, court-involved youth and 61 short-term suspended court involved youth in our Academic Program between August 2004 and June 2005. During the Summer Program, June – July 2004, we served 10 youth and we served 22 youth in the 2004-2005 Saturday Program.

Providing opportunities and services for youth and their families.



#### TRUANCY

The Truancy Intervention Project operates in two Durham Public Middle Schools offering a Truancy Specialist at each school to assist with the coordination of interventions and services that truant students and their families receive. At each of the middle schools, the Truancy Specialist works closely with the School Social Worker to facilitate the school based Truancy Court Program

and encourage students to improve their school attendance and academic success. As the Truancy Specialists intervene when students have six or less unexcused absences, many students are deterred from reaching 10 days of unexcused absences which would cause them to be in danger of truancy.

This school year (05/06), we are pleased to have been

invited to work in an additional middle school. Also, the Project Coordinator works with all middle schools in the establishment of school based truancy courts.

Collaboration with the school system, community organizations, law enforcement and the judicial community has proven effective for the project

#### Durham County Government

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## RECIDIVISIM REPORT FY03

sents follow-up information on all clients admitted to the Day Reporting Center, Reentry Program, Second Chance Program and the STARR Program during FY03. Data was obtained from the CJRC database and from case filing records maintained by the Administrative Office of the Courts. All of the personal data is based on self-reported information provided by the client at program intake. Arrest Data is collected for the year prior to program admission and one year after leaving the program and based on arrest in Durham County. Supporting Durham County Government's mission of community safety, CJRC has always maintained a goal that 50% of its participants who successfully complete the program would not have new charges (excluding traffic offenses) in the year following discharge.

The Recidivism Report pre-

#### <u>Criminal Justice Resource</u> <u>Center</u>

There were 176 new admissions during FY03. The typical client was a single African American male between 20-30 years of age, unemployed with a 9-12th grade education and no children. He also has a substance abuse problem scoring high on the SASSI.

During FY03, there were 63 (36%) completions and 113 (64%) terminations. 55 terminations were as a result of non-compliance and 32 for technical probation violations. The average length of stay in the program was 8 months for program completions and 6 months for terminations.



"CJRC has helped me to get my life back. I'm glad you guys helped me."

Jessie, a former DRC graduate who is clean and has had no new charges over the last 6 years.

#### Arrest/Recidivism Data

CJRC staff was able to obtain pre-admission data on 53% of the 176 clients. 12 months prior to program admission, 92 clients accumulated 452 arrests: 162 misdemeanor and 290 felony offenses. This represents an average of 5 arrests per client. Arrest were reduced significantly in the year after the offenders left the program. The total number of arrests dropped to 203, a 55% reduction (felonies -85, misdemeanors—118).

Of those completing the program, 71% did not get new charges in the year following program completion.

#### **Day Reporting Center**

Of the 38 new admissions for FY03; 10 (26%) completed and 28 were terminated from the program.

Of those who completed the program 80% did not get new charges in the year after completing the program. This remains constant with previous years for DRC.

#### Reentry Program

37 inmates were admitted in FY03; 18 (49%) completed and 19 were terminated from the program. This is the first year collecting data for Reentry.

Of those completing the program, 67% did not get new charges in the year after completing the program.

### Second Chance Program

101 new admissions in FY03, 35 (35%) completed and 66 were terminated from the program.

Of those who completed the program, 71% did not get new charges in the year after completing the program. This is down by 10% compared to previous years.

#### STARR Program

416 new admissions in FY03; 289 completed and 127 were terminated from the program. Staff were able to obtain prior arrest records on only 287 (69%) of the admissions. It is believed that possibly their cases were in other counties or older than one year.

66% of those who completed STARR did not have any new arrests in the year after program completion.